



Headquarters
New Zealand Defence Force
Defence House
Private Bag 39997
Wellington Mail Centre
Lower Hutt 5045
New Zealand

OIA-2023-4869

17 December 2023

[REDACTED]
[REDACTED]

Dear [REDACTED]

I refer to your email to the Ministry of Defence of 20 November 2023 concerning *menodocatwork.com*. You requested *all information please held by the NZDF regarding the nature of their engagement with the business Menodocatwork, submissions, including contracting arrangements e.g. funds paid for speaking arrangements, advice or other work*. Your request was transferred to the New Zealand Defence Force (NZDF) in accordance with the Official Information Act 1982 (OIA).

The NZDF has no recorded information concerning *Menodocatwork*. With respect to a Cross-Agency World Menopause Day Event (involving NZ Police, the Department of Corrections, Fire & Emergency New Zealand and the NZDF), Dr Linda Dear of Menodoctor was engaged by the NZDF to speak at that event on 18 October 2023. As a result of high demand, the event was repeated on 1 December 2023. Enclosed are copies of the event flyers. The amount paid by the NZDF to Menodoctor is withheld in accordance with section 9(2)(b)(ii) of the OIA to avoid unreasonable prejudice to the commercial position of Menodoctor. The reason to withhold this information is not outweighed by the public interest in its release in this instance.

You have the right, under section 28(3) of the OIA, to ask an Ombudsman to review this response to your request. Information about how to make a complaint is available at www.ombudsman.parliament.nz or freephone 0800 802 602.

Please note that responses to official information requests are proactively released where possible. This response to your request will be published shortly on the NZDF website, with your personal information removed.

Yours sincerely

AJ WOODS

Air Commodore
Chief of Staff HQNZDF

Enclosure:

1. Event flyers



CELEBRATING WORLD MENOPAUSE DAŪ

A cross agency event to celebrate and raise visibility of Ruahinetanga/Menopause in our collective workplaces.

New Zealand Defence Force, New Zealand Police, Ara Poutama Aotearoa,
Fire and Emergency New Zealand

Wednesday 18 October 2023 | 10am - 12pm

**In person at Defence House Wellington 34 Bowen St and streamed online
(link will be sent to you following RSVP)**

AGENDA

9:30am - 10:00am	Networking Morning Tea (in-person only)
10:00am - 10:20am	Opening Kōrero and Agency Updates
10:20am - 11:20am	Dr Linda Dear from MenoDoctor on Menopause in Aotearoa
11:20am - 11:50am	Jeanette Kehoe-Perkinson from PowerPause on the Future of Menopause in Aotearoa
11:50am - 12:00pm	Closing Address and Farewell



TE OPE KĀTUA O AOTEAROA
DEFENCE FORCE





OUR SPEAKERS



Dr. Linda Dear

Dr Linda Dear MBBS, FRNZCGP, BA (Hons) Psychology, DRCOG, NCMP. Dr Linda is a UK trained doctor and certified menopause practitioner with the North American Menopause Society. She is the director of Menodoctor - a private menopause clinic based in New Zealand (www.menodoctor.com). She holds a post-graduate diploma in women's health from the UK Royal College of Obstetricians and Gynaecologists. She is also a psychology graduate, certified personal fitness trainer and yoga teacher. In her younger years, she competed as an international gymnast and is a Commonwealth games bronze medallist. Through Menodoctor, she brings together all of this expertise to offer women holistic and personalised consultations to support them through their perimenopause and menopause journeys.



Jeanette Kehoe-Perkinson ('JKP')

JKP has developed a Global career as a business executive, an Executive Coach, founder of a social enterprise and an Independent Director and Board Advisor. She has lived and worked in the US, the UK, the Netherlands, Gibraltar, Russia and New Zealand and, as a long-time advocate for developing women into leadership roles, she created the social enterprise, Power Pause, in New Zealand, to support and retain working women through the temporary life transition of menopause, to improve DEIB, economic and social outcomes. Passionate about economic & community development and regeneration, JKP has also served as a Non-Executive Director on the Boards of UK economic development agencies Liverpool Vision and the Liverpool City Region Local Enterprise Partnership.



CELEBRATING WORLD MENOPAUSE DAŪ 2.0

A cross agency event to celebrate and raise visibility of Ruahinetanga/Menopause in our collective workplaces.

New Zealand Defence Force, New Zealand Police, Ara Poutama Aotearoa,
Fire and Emergency New Zealand

Friday 1st December 2023, 11am - 1pm

Due to a technology glitch, the event will be run a second time online. We will be welcoming our guest speakers back to our organisations and will send a virtual link to attendees closer to the time.

AGENDA

11:00am - 11:15am	Opening Kōrero and Agency Updates
11:15am - 12:15am	Dr Linda Dear from MenoDoctor on Menopause in Aotearoa
12:15am - 12:55am	Jeanette Kehoe-Perkinson from PowerPause on the Future of Menopause in Aotearoa
12:55am - 01:00pm	Closing Address and Farewell





OUR SPEAKERS



Dr. Linda Dear

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